

**FREDERICK COUNTY COMMISSION ON AGING  
BOARD OF DIRECTORS MEETING  
March 10, 2008**

DOA MEMBERS	DOA STAFF	EXCUSED	UNEXCUSED	GUESTS
		Suzan M. Adams		
	Mary S. Bevard-Cline, Rec. Sec.	Peggie Bracken		Carol Haag, RSVP
William P. Allen, PhD	Margaret Nusbaum	Harold A. Ehart, Jr., Chair		Robert Kaas
Earl S. Beck, PhD	Carolyn True	Lloyd Hoover		Jean Parks
	Linda Umbel	Charles A. Jenkins, Comm.		Vera Eiker
RaeAnn Butler	Art Damuth	Bernice Sewell		Melva Hardman
		Susan Shelton		Beatrice Umbel
Judy Hallman		Anna Mary Snyder		Eunice Neighbours
Alan Imhoff, Alderman				Pat Warthen
Ona M. John Kile				Bill Magaha
Louise Lynch				Veran Magaha
Burt Shawver				Phyllis Clark
Virginia Skelley				Margaret Kinnard
Robert Wannemacher				

- I. **Call to Order** – Louise Lynch, Vice-chair, called the meeting to order at 1:00 pm.
- II. **Welcome & Introductions** – Louise Lynch welcomed all attendees and introductions/affiliations were made.
- III. **Approval of Minutes** – Louise Lynch requested an amendment to page 2, second bulleted item from “Gerontology” to “Geriatricians”, fifth bulleted item from “legislatures” to “legislators”, item VI, fourteenth sentence from Orley Bourland to Robert Wannemacher, page 3, first bulleted item from Rae Ann Butler to Carolyn True, and item IX, third bulleted item from “newspaper” to “projects/concerns/ strategic planning”. With said amendments, the minutes of the February 11, 2008 meeting were approved on a motion by Robert Wannemacher and seconded by July Hallman. All were in favor.
- IV. **Commissioner’s Comments** – No report.
- V. **Discussion concerning key concerns that should be included in Strategic Plan** – items of interest are:
  - Public policy – addressing County and State level senior services

- Meals on Wheels Program expansion
- Health and medical issues
- Subsidies
- Affordable housing
- Transportation #1 issue in Senior Voices survey, i.e. public transportation
- Homebound seniors
- Caregiver Program required funding
- DoA partnership with CASS in spearheading "United We Ride" – grant submitted this spring. Up-county Support Center is lead agency.
- Health & Wellness, i.e. prescription coverage, affordable insurance
- Coordination of services with other agencies in regard to last month's discussion with Orley Bourland, former Burgess of Walkersville to develop a unified voice.
- Development of a COA newsletter to include information on property taxes, appraisals, renters tax credit, homestead tax
- Increased oil prices – addressing assistance needs
- Investigate non-action by county legislation
- Define roles between COA and DOA
- Establish mission
- Work with people with disabilities
- Determine if the COA wants to be a working commission and clarify the process
- Develop email contact to enhance communication (already exists. Mary Bevard-Cline to forward COA email group contact list to COA members)
- Newspaper articles – need to get up and running

Louise Lynch requested RaeAnn Butler to help with the Strategic Plan, with Alan Imhoff to assist. Rae Ann to set up meeting dates, draft of Strategic Plan made available for COA review, tweak plan to be used for remainder of year. Look at a 3-year and 5 year plan. Rae Ann Butler, Louise Lynch, Suzan Adams, and Hal Ehart to work on said plan.

**VI. Open discussion of senior concerns identified by Emmitsburg citizens -**

- Risk Management review of insurance criteria regarding coverage for instructors. COA to investigate rider to county insurance policy.
- Transportation concerns as bus line to Frederick for shopping trips has been cut due to operating costs. COA to investigate.
- Fees for various programs are an issue for seniors on fixed incomes.
- Items of interest to the seniors are cards, line dancing, square dancing, exercise classes, health programs on diabetes, weight management, etc.
- Need a DVD player and source of up-to-date DVD's on diversified programs. Carolyn True to investigate.
- Invite Mayor to speak.
- Seniors new to the community do not know who their state representatives are. Invite representative to speak about legislative issues.

- Difficulty attracting new people to the center. Need to stimulate interest by reaching out to the community through churches and other organizations, one-on-one invitations, bring a friend to lunch, and survey newcomers.
- Recommended name change as "Senior Center" sends a negative connotation. Many people do not want to be referred to as a senior or associated with older people.
- Signage is needed in front of building.
- Noted that no gambling is allowed in county programs.
- Reiterated importance of making Linda Umbel aware of programs of interest for future consideration.

**VII. Director's Report –**

- Stuart Rosenthal, Chair of the Maryland Commission on Aging, will be the speaker at the annual CoA luncheon on May 12, 2008 at Homewood at Crumland Farms.
- Regional meetings are beginning in Howard County. Mr. Rosenthal would like to get other Commissions involved.
- MD DOA State Meeting – May 12, 2008 in Ann Arundel County. Governor O'Malley will present leadership awards in the area of senior visual and performing arts, fitness and healthy life styles and letters of recognition for seniors turning 100 years old.
- MD DOA State Plan Public Hearing, Spring 2008 in Hagerstown, MD - will solicit feedback of annual plans and public comment of use of federal funds.
- BOCC approval of Towson University Nursing Baccalaureate Program and Frederick County DOA – to provide services, i.e. health fair and to get future nurses involved in the community. April 30, 2008 is schedule date of said health fair.
- Health Department Pandemic Exercise – to focus on senior citizens, vulnerable populations, special needs as part of emergency preparedness. If interested in participating, please notify Carolyn True.

**VIII. Open Subjects –**

- Dr. Wannemacher questioned status of Citizen's Nursing Home. Dr. Beck reported that Certificate of Need still going through process. Letter of need was sent to Dr. Chowdy.
- Judy Hallman expressed concern over a news article in that the county and city has approved funding for dog parks yet are cutting other programs that directly impact the seniors.

**Adjournment** – The meeting adjourned at 1:55 pm.

Respectfully submitted,

Mary S. Bevard-Cline,  
Recording Secretary

**NEXT MEETING: April 14, 2008, 1:00 pm** at the Frederick Senior Center, 1440 Taney Avenue, Frederick, MD 21701.